

Daily Schedule for Infant Program

While we realize that infants need consistency, regularity and order in routines, we also recognize that each child has their own individual rhythm. Please keep in mind that we follow the children's natural schedules as much as possible so consider the following schedule only as a guide:

7:00 - 9:15 AM.

- Free Play
- 8:30 Snack is offered
- 9:00 diapering
- Clean up

9:30 - 11:00 AM.

- Outdoor play / walk (weather permitting)
- Free play

11:00 - 12:30 PM.

- Lunch
- Free Play

- Diaper Change

12:30 - 2:30 PM.

- Nap time/ quiet time

2:30 - 4:00 PM.

- Diaper Changes
- Snack is offered
- Free play

- Nap time quiet time

4:00 – 5:30 PM.

- Diaper Changes
- Free Play
- Outdoor / walk (weather permitting)

5:30 Centre Closed

This Schedule is flexible to meet all the children's individual need and developmental levels. Note: When necessary the infants will be integrated into the preschool program throughout the day as needed. We feel this is beneficial for development, empathy and most importantly for the infant to become familiar with all the staff and children within the Centre.